

# *2009 Youth Wrestling Camp*



**Takedowns!**

**HAND CONTROL**

**Escapes**

Come out and get some great instruction from our High School Wrestling Coach Jake Larsen and his great staff. Larsen, a three-time All-American and national champion while at UW-La Crosse, will bring his High School athletes and coaches over to run an excellent wrestling camp. This is a great opportunity to get a head start on the competition for the year! Start your conditioning and get a chance to wrestle with some of the High School wrestlers and coaches. All proceeds of this program will go to the High School wrestling team.!

Program Date: Wednesday, December 30th, 2009  
Time: 5:00—8:00 pm  
Grade: K—8th Grade  
Location: Child Center Gym (Across the street from the Sparta Barney Community Center)  
Fee: \$12.00 Resident  
\$18.00 Non-Resident

Register with the Sparta Parks and Recreation Department  
1000 E. Montgomery St.  
Sparta, WI 54656